

Save the Date



2nd Best of Elite Ped-GI

October 29 - 31, 2026 | Millennium Airport Hotel, Dubai, UAE



Featuring Parallel Session



NutriMENA 2026
Pioneering Parenteral
Nutrition Practices

October 30, 2026



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Welcome Message

We are delighted to announce the **Best of Elite Ped-GI** featuring **NutriMENA 2026** on **29 - 31 October 2026** at the **Millennium Airport Hotel, Dubai, UAE**. The meeting is dedicated to advancing clinical knowledge and best practices in pediatric gastroenterology and nutrition, with a particular emphasis on parenteral nutrition in children with complex gastrointestinal disorders. It will serve as a unique platform for healthcare professionals to engage with the latest research, innovations, and clinical guidelines in a rapidly evolving field.

The scientific program will feature dedicated hands-on workshops for both Elite Ped-GI and NutriMENA, providing practical, case-based learning led by esteemed international and regional experts. Designed to support skill development and improve clinical outcomes in pediatric care, the event will bring together a distinguished group of pediatricians, gastroenterologists, clinical nutritionists, researchers, nurses, and other healthcare professionals from across the Middle East and beyond. Attendees can look forward to keynote lectures, panel discussions, clinical case reviews, and networking opportunities aimed at fostering collaboration and cross-disciplinary innovation.

We warmly invite you to join us this October in Dubai for two days of meaningful exchange, learning, and advancement in pediatric gastroenterology and nutrition.



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Learning Objectives:

Enhance Diagnostic Competence in Pediatric GI Disorders

Participants will learn to accurately diagnose and distinguish between various pediatric GI conditions using the latest criteria and clinical tools. A parallel hands-on workshop will reinforce these skills through practical training.

Apply Evidence-Based Therapeutic Strategies

Attendees will gain the ability to implement up-to-date, evidence-based treatments ranging from nutrition to advanced medications tailored to pediatric GI and liver disease cases.

Improve Multidisciplinary Collaboration for Better Patient Outcomes

Learners will enhance their teamwork skills with dietitians, nurses, and allied health professionals. The Al Jalila Children's Specialty Hospital Dubai team will share its expertise from running multidisciplinary clinics for complex conditions such as aerodigestive disorders, cystic fibrosis, and celiac disease.

Target Audience

- Primary Care
- Pediatrics
- Neonatology
- Family Medicine
- Infectious Diseases
- Hematology
- Internal Medicine
- Immunology
- Gastroenterologists & Surgeons
- ICU Adults and Pediatric Residents
- Clinical Pharmacists
- Hospital Pharmacist Technicians
- PharmD Students
- Clinical Dietitians
- Nursing
- Allied Health
- Clinical Laboratory

Early Bird Registration

Until August 30, 2026 Only | 5% VAT Exclusive

Physician
1,200 AED

[Click Here to Register](#)



Non-Physician
900 AED

[Click Here to Register](#)



Student
750 AED

[Click Here to Register](#)



Ultrasound Workshop
300 AED

[Click Here to Register](#)



Scientific Agenda

Day 1: 29th October 2026, Thursday



2nd Best of Elite Ped-GI

14:30 Registration

15:45 Welcome Note
Chairman of Congress & Congress Committee

State of the Art Lectures Moderators:

16:00 Best of DDW/UEGW 2026 in IBD
Dr. Nabil Qureshi, UAE

16:30 What is New with the 2025-2026 ESPGHAN Guidance for UC and Crohn's in Children
Dr. Jorge Amil Dias, POR

17:00 Management of GI Bleeding in Children (New ESPGHAN Guidance)
Prof. Mike Thomson, UK

17:30 Role Laser Confocal Endomicroscopy CLE in GI Diseases
Dr. Christos Tzivinikos, UAE

18:00 Question & Answer

18:15 Poster Session, Coffee Break & Exhibits

Keynote Lectures Moderators:

18:30 Development of Aerodigestive and Complex MDT Feeding Clinics in AJCH
Dr. Balaji Krishnamourthy, UAE

19:00 Mistakes in Gastrostomy Insertion in Children and How to Avoid Them (UEG Gut Guide)
Prof. Mike Thomson, Sheffield, UK

19:30 Mistakes in Foreign Body Ingestion in Children and How to Avoid Them (UEG Gut Guide)
Prof. Jorge Amil Dias, Porto, Portugal

20:00 Pediatric Liver Transplant Service in UAE: A Tandem Talk by King's College Hospital and SKMC
Dr. Rajeev Tomar, UAE and Dr. Einar Hafberg, UAE

20:30 Portal Hypertension in Children
Dr. Eiman Aljaberi, UAE

20:50 Question & Answer

Oral Abstract Presentations

21:00 Critical Role of TDM in Treatment with Biologics in IBD
Dr. Abudlqader Al Zubaidi, UAE

21:10 Discontinuation of Biologics in Pediatric IBD? Is it Feasible? When and How Long Before Relapse?
Dr. Majd Fraihat, UAE

21:20 JAK Inhibitors and New IL-23 Adult and Pediatric Data
Dr. Ronda Alsamhouri, UAE

21:30 Dinner

Scientific Agenda

Day 2: 30th October 2026, Friday



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7:00 Registration

Clinical Practice Moderators:

8:00 Parenteral Nutrition in Infants and Older Children
Dr. Ajmal Kader, UAE

8:30 Metamorphosis of Dietary Treatment in IBD (Tandem Talk with Doctor and PN Nurse)
Dr. Ehsan Malik, UAE
Ms. Lubna Dhalani, UAE

9:00 MDT Care and Home PN for Intestinal Failure Patient (Tandem Talk with Doctor and PN Nurse)
Dr. Buthaian Almurbati, UAE
Stephy George

9:30 Bone Health in Intestinal Failure
Prof. Zulfiqar Mughal, UAE

10:00 Pediatric Eosinophilic Esophagitis Updates: New Guidelines and Management in the Biologic Era
Disclaimer to learners: This scientific talk is sponsored by industry
TBC

10:15 Role of Sedation Free Transnasal Endoscopy in EoE Patients and Other GI Diseases
Dr. Amal Alnuaimi, UAE

10:20 Question & Answer

10:30 Poster Session, Coffee Break & Exhibits



NutriMENA 2026

Pioneering Parenteral Nutrition Practices

8:00 Premixed Parenteral Nutrition: Patient Selection and Clinical Applications
Dr. Omar Alsoukhni, UAE

8:30 Fluid Management as a Treatment Strategy: Disease-Specific Approaches in Clinical Practice
Dr. Mohammad Shara, UAE

9:00 Tailoring Nutritional Therapy: Disease-Specific Nutrition Support Strategies
Dr. Khlood Catroon, UAE

9:30 Home Parenteral Nutrition: Building Sustainable Care Beyond the Hospital
Dr. Mason Assaf, UAE

10:00 Nutrition Assessment in Clinical Practice: From Screening to Personalized Nutrition Care Plans
Bathoul

10:30 Question & Answer

Scientific Agenda

Day 2: 30th October 2026, Friday



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Keynote Lectures Moderators:

10:45 Obesity and Use of GLP-1 and Development of MDT Obesity Clinic in AJCH
Dr. Omar Al hosny, UAE

11:15 What is New for MASLD/ MASH Development of MDT Obesity Clinic in AJCH
Dr. Maysa Saleh, UAE

11:45 Endobariatrics Option in Obesity
Dr. Maryam Al khatry, UAE

12:15 Question & Answer

12:25 Opening Ceremony

12:45 Prayer & Lunch



NutriMENA 2026 Pioneering Parenteral Nutrition Practices

10:45 Coffee Break

11:00 Workshop: Modern Sterile Compounding and Automation - Technologies for Efficiency, Safety, and Time Management
Dr. Omar Alsoukhni, UAE

12:00 Nursing Workshop: Infection Prevention and Best Practices in Nutrition Support
Dr. Adli Baroud

Scientific Agenda

Day 3: 31st October 2026, Saturday



2nd Best of Elite Ped-GI

7:00 Registration

Clinical Practice Moderators:

8:30 Wilson's Disease (ESPGHAN Guidance and New Treatment on the Horizon)
Dr. Mohamed Miqdady, UAE

9:00 Biliary Acid Synthesis Disorders
Disclaimer to learners: This scientific talk is sponsored by Pharmalink
TBC

9:20 Odevixibat in PFIC and Alagille Syndrome
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9:40 Question & Answer

9:50 Poster Session, Coffee Break & Exhibits



Keynote Lectures Moderators:

10:05 Practical Management of Constipation in Children
Disclaimer to learners: This scientific talk is sponsored by Macrostip
TBC

10:35 Mental Health MDT Role in DGBIs
Dr. Azhar Aabuali, UAE

11:05 Challenging the Stigma : Recognising and Treating DGBIs - The New Rome
Prof. David Rawat, UK

11:35 Synbiotics in Management of Cow's Milk Allergy
Disclaimer to learners: This scientific talk is sponsored by Nutricia
TBC

11:55 Question & Answer

12:05 Poster Session, Coffee Break & Exhibits

Keynote Lectures Moderators: Dr. Hussein Nasser Matlik, Dr. Shatha Al Taie, Dr. Eyad Saadah

12:20 GI Dystonia: From Concept to Recognised Disorder
Prof. David Rawat, UK

12:50 Role of Probiotics in Functional GI Disorders
Disclaimer to learners: This scientific talk is sponsored by industry
TBC

13:20 Abstract Oral Presentation 1

13:30 Abstract Oral Presentation 2

13:40 Abstract Oral Presentation 3

13:50 Abstract Awards and Adjournment

14:00 Lunch



For more information, please contact:
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www.elite-pedgi.com