

SAVE THE DATE



شعبة الإمارات لأمراض الجهاز الهضمي والكبد
GASTROENTEROLOGY & HEPATOLOGY SOCIETY

SUPPORTED BY:



Best of Elite Ped-GI

November 14 - 15, 2025 | Millennium Airport Hotel, Dubai, UAE



Featuring Parallel Session



NutriMENA 2025
Pioneering Parenteral
Nutrition Practices

Pre Conference Workshop

**Central Line Care &
Infection Prevention in
Ambulatory Services**



Dr. Christos Tzivinikos

Conference Chairman

MD, DCH, FRCPCH, MSc, CEBP
Consultant Pediatric Gastroenterologist,
Al Jalila Children's Specialty Hospital, Dubai
Clinical Associate Professor,
MBRU School of Medicine, Dubai, UAE

Welcome Message

We are delighted to announce the **Best of Elite Ped-GI** featuring **NutriMENA 2025** on **14-15 November 2025** at the **Millennium Airport Hotel, Dubai, UAE**. This highly anticipated event is supported by the **Emirates Gastroenterology & Hepatology Society (EGHS)**, a scientific society affiliated with the **Emirates Medical Association (EMA)**. The meeting is dedicated to advancing clinical knowledge and best practices in pediatric gastroenterology and nutrition, with a particular emphasis on parenteral nutrition in children with complex gastrointestinal disorders. It will serve as a unique platform for healthcare professionals to engage with the latest research, innovations, and clinical guidelines in a rapidly evolving field.

The scientific program will feature dedicated hands-on workshops for both Elite Ped-GI and NutriMENA, providing practical, case-based learning led by esteemed international and regional experts. Designed to support skill development and improve clinical outcomes in pediatric care, the event will bring together a distinguished group of pediatricians, gastroenterologists, clinical nutritionists, researchers, nurses, and other healthcare professionals from across the Middle East and beyond. Attendees can look forward to keynote lectures, panel discussions, clinical case reviews, and networking opportunities aimed at fostering collaboration and cross-disciplinary innovation.

We warmly invite you to join us this November in Dubai for two days of meaningful exchange, learning, and advancement in pediatric gastroenterology and nutrition.

Learning Objectives:

1

Enhance Diagnostic Competence in Pediatric GI Disorders

Participants will learn to accurately diagnose and distinguish between various pediatric GI conditions using the latest criteria and clinical tools. A parallel hands-on workshop will reinforce these skills through practical training.

2

Apply Evidence-Based Therapeutic Strategies

Attendees will gain the ability to implement up-to-date, evidence-based treatments ranging from nutrition to advanced medications tailored to pediatric GI and liver disease cases.

3

Improve Multidisciplinary Collaboration for Better Patient Outcomes

Learners will enhance their teamwork skills with dietitians, nurses, and allied health professionals. The Al Jalila Children's Specialty Hospital Dubai team will share its expertise from running multidisciplinary clinics for complex conditions such as aerodigestive disorders, cystic fibrosis, and celiac disease.

Target Audience

- Primary Care
- Pediatrics
- Neonatology
- Family Medicine
- Infectious Diseases
- Hematology
- Internal Medicine
- Immunology
- Gastroenterologists & Surgeons
- ICU Adults and Pediatric Residents
- Clinical Pharmacists
- Hospital Pharmacist Technicians
- PharmD Students
- Clinical Dietitians
- Nursing
- Allied Health
- Clinical Laboratory

Register Now! Standard Rate

All prices are 5% VAT exclusive

Physician: 1,800 AED

[Click Here to Register](#)



Non-Physician: 1,200 AED

[Click Here to Register](#)



Student: 900 AED

[Click Here to Register](#)





SPEAKERS



Dr. Christos Tzivnikos

Conference Chairman
MD, DCH, FRCPCH, MSc, CEBP
Consultant Pediatric Gastroenterologist,
Al Jalila Children's Specialty Hospital, Dubai
Clinical Associate Professor,
MBRU School of Medicine, Dubai, UAE



Dr. Adli Baroud

DBA, MBA, BSc, RN, CIC
Infection Prevention Charge
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Ajmal Kader

Consultant in Pediatric Gastroenterology,
Hepatology & Endoscopy



Dr. Ali Sarhan

MRCPCCH – Pediatric Gastroenterologist
Dubai, UAE



Dr. Ashraf El Houfi

MBBS, MS (Pulmonology),
MRCP (UK), FRCP (London), EDIC –
Consultant Intensivist & Pulmonologist,
Head of ICU – Al Zahra Hospital Dubai
Examiner – Royal College of Physicians (UK)
Vice President – Emirates Intensive Care Society (EICS)
Professor of Medicine – Dubai Medical College



Prof. David Rawat

MB BAO BCH, LRCP & SI, MRCPCCH, MSc Clinical
Paediatrics – Consultant Paediatric
Gastroenterologist, Lead for Paediatric GI
Motility Services, The Royal London Hospital, UK
Clinical Professor, Khalifa University, UAE



Dr. Eiman Aljaberi

MBBCH, Arab Board, Saudi Fellowship
Consultant Pediatric Gastroenterologist &
Deputy Program Director,
Pediatric Gastroenterology Fellowship,
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Khlood Catroon

B.Sc., M.Sc., SIDP & ASHP Certified
Senior Clinical Pharmacist, Corniche Hospital,
Abu Dhabi; Co-Chair, Antimicrobial Stewardship
Program & Hospital PTC



Dr. Abdulrahman Al Hussaini

MBBS, MRCP (UK), DCH – Professor of Pediatrics,
Pediatric Gastroenterology & Hepatology,
King Fahad Medical City & Alfaisal University



Dr. Ahmed Almalhat

MBBS, MSc, DHA – Specialist Neonatologist,
Pediatric & Neonatal Intensive Care,
HMS Mirdif Hospital & Latifa Women and
Children Hospital, UAE



Dr. Alexandra Papadopoulou

MD, PhD – Head of Paediatric Gastroenterology,
Hepatology & Nutrition, Athens Children's
Hospital "Agia Sofia" & A-Level Researcher,
University Research Institute of Maternal and
Child Health and Precision Medicine, National
and Kapodistrian University of Athens



Dr. Amer Azaz

MBBCH, DCH, MRCP, MRCPCCH, FRCPCH,
Dip Paed Nutrition, PGCMed Ed –
Consultant Paediatrician & Paediatric
Gastroenterologist, Specialist Register
(Paediatrics, Subspecialty of Paediatric
Gastroenterology), UAE & UK



Dr. Balaji Krishnamurthy

MBBS, FRCPCH
Consultant Paediatric Gastroenterologist
Dubai, UAE



Dr. Ehsan Malik

MBBS, M.Ch., MRCPCCH – Consultant Pediatric
Gastroenterology and Hepatology,
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Ms. Eman Elyyan

RN, MSc Nursing
Acting Clinical Specialist Nurse – Gastroenterology,
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Lisa Sharkey

Consultant Gastroenterologist
Associate Professor
Gulf Medical University
Ajman, UAE



SPEAKERS



Ms. Lubna Dhalani

RD, CDE, CBN – Clinical Dietitian & Diabetes Educator, Pediatric Nutrition & Obesity Management, Al Jalila Children's Hospital & Aster Clinics, Dubai, UAE



Dr. Mason Assaf

PharmD, BCOP, BCNSP
Senior Clinical Pharmacist,
Pediatric Hematology/Oncology & ICU
Home Infusion Center Manager,
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Mira Al Mheiri

3rd-Year Pediatric Gastroenterology Fellow,
Al Jalila Children's Specialty Hospital,
Dubai, UAE
Arab Board Certified in Pediatrics (2022)



Dr. Rana Ahmad Bitar

Assistant Professor, Khalifa University,
Consultant Paediatric Gastroenterologist,
Sheikh Khalifa Medical City,
Abu Dhabi, UAE



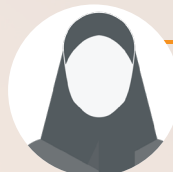
Dr. Sarah Abu-Alreesh

M.B.B.S, ABP (Pediatrics),
ABP (Pediatric Gastroenterology),
Physician-Consultant – Pediatric Gastroenterology,
Hepatology & Nutrition, Al Jalila Children's
Specialty Hospital, Dubai Health Authority;
Core Faculty, Pediatric Gastroenterology
Fellowship Program, Mohammed Bin Rashid
University of Medicine & Health Sciences



Dr. Marios Stathatos

Consultant in General/Family Medicine –
Head of General/Family Medicine Clinics,
Medifirst (Interamerican), Athens, Greece;
Chair, Hellenic Society for Hospital at Home



Dr. Maysa Saleh

FRCPC, MD, PhD
Consultant Pediatric Endocrinologist,
Pediatric Residency Program Deputy,
Adjunct & Clinical Associate Professor,
Al Jalila Children's Specialty,
University of Sharjah & MBRU, Dubai, UAE



Dr. Mohamad Miqdady

American Board Certified – Division Chief,
Pediatric Gastroenterology, Hepatology &
Nutrition, Sheikh Khalifa Medical City, UAE
Adjunct Staff, Cleveland Clinic, USA



Dr. Roaa Yaser

BPharm, PharmD – Clinical Pharmacist,
Critical Care & Nutrition Support,
University Hospital Sharjah
UAE

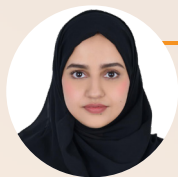


Dr. Omar Alsoukhni

Pharmacy Manager,
Cleveland Clinic Abu Dhabi
UAE



MODERATORS



Dr. Amal Alnuaimi

Pediatric Gastroenterology



Dr. Azam Riahi Fard

Specialist Pediatrician
Mediclinic Dubai Hills



Dr. Georges Nawfal

Pediatric Gastroenterology Consultant



Dr. Hesham Obeidat

Radi Obeidat, Pharm.D, BCPPS
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Messef Al Abdulrazzak

Consulting General Paediatrician
Al Abdulrazzak Medical Clinic,
Dubai, UAE



Dr. Mohamed Rabea

Pediatric Gastroenterologist
NMC Royal Hospital Sharjah, UAE
National Hepatology and
Gastroenterology Institute, Cairo, Egypt



Dr. Mohammad Alqudah

PharmD, MSc, PhD, Associate Professor,
PharmD Program Coordinator,
University of Sharjah
Sharjah, UAE



Dr. Nafea Hussain

Pediatric Gastroenterology Consultant
Mediclinic Parkview Hospital



Dr. Omar Alsoukhni

Pharmacy Manager,
Cleveland Clinic Abu Dhabi
UAE



Dr. Rajeev Tomar

Consultant Pediatrician and
Director of Pediatric Department,
Director of Pediatric Liver Transplant



Dr. Shaden Almahamed

Consultant Pediatric Gastroenterology
Mediclinic Parkview Hospital Dubai
Adjunct clinical Assistant professor MBRU



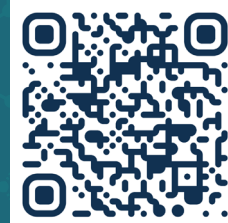
Dr. Yasser Negm

Consultant Pediatrician and
Pediatric Gastroenterologist
HOD Pediatrics - SGH - Dubai
CCT - UK
FRCPC - London

Pre Conference Workshop

Central Line Care & Infection Prevention in Ambulatory Services

November 14, 2025 | 08:00 AM to 12:35 PM



Physician: 500 AED

[Click Here to Register](#)

5% VAT exclusive



Best of Elite Ped-GI

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Featuring Parallel Session



NutriMENA 2025

Pioneering Parenteral Nutrition Practices

SCIENTIFIC AGENDA

Day 1: Friday, November 14, 2025

14:00 | Onsite Registration

14:50 | Welcome Note By Conference Chairman
Dr. Christos Tzivnikos, Prof. Mohamad Miqdady, Dr. Omar Alsoukhni

Session 1

Moderators: Dr. Hesham Obeidat & Dr. Yasser Negm

15:00 | Pediatric Gastroenterology Insights into Optimizing Outcomes in Short Bowel Syndrome
Dr. Sarah Abu-Alreesh, UAE

15:30 | Premixed PPN in Pediatric Population: Clinical Advantages and Safety
Dr. Omar Alsoukhni, UAE

16:00 | Implementation of MDT Complex Feeding Clinic
Dr. Balaji Krishnamurthy, UAE

Tandem Talk: Hospital at Home - New Horizons in Health Care Provision

16:30 | Indications, Infrastructure and Impact on Health Care and Patient's Quality of Life
Dr. Marios Stathatos, Greece

16:45 | Challenges in Providing Home Enteral and Parenteral Nutrition
Dr. Alexandra Papadopoulos, Greece

17:00 | From Pruritus to Progress: Revolutionizing Pediatric Cholestasis
Disclosure to Learners: This scientific talk is sponsored by Newbridge
Dr. Rana Ahmad Bitar, UAE

17:20 | Coffee Break & Poster Viewing

Session 2: Updates in Hepatology

Moderators: Dr. Rajeev Tomar & Dr. Amal Alnuaimi

17:35 | Abnormal Liver Tests in Children: How to Interpret
Dr. Ajmal Kader, UAE

18:05 | Beyond PFIC1-3: Exploring the Emerging Spectrum of Progressive Familial Intrahepatic Cholestasis
Prof. Abdulrahman Al Hussaini, KSA

18:35 | New Treatments for MASLD and Obesity-the Ongoing "Pandemic"
Dr. Maysa Saleh, UAE

SCIENTIFIC AGENDA

Day 1: Friday, November 14, 2025

19:05	How Applicable the NASPGHAN/ESPGHAN Guidelines for the Treatment of Helicobacter Pylori in the MENA Region Dr. Amer Azaz, UAE
19:35	Pediatric Liver Transplant: Local Experience Dr. Rana Ahmad Bitar, UAE
20:05	Can we Delay Liver Transplantation on Children with Cholestatic Liver Disease? <i>Disclosure to Learners: This scientific talk is sponsored by IPSEN</i> Dr. Rana Ahmad Bitar, UAE
20:25	Dinner
22:00	End of Day 1

Day 2: Saturday, November 15, 2025



Best of Elite Ped-GI

Hall A

8:00 | Onsite Registration

Session 3 : Updates in IBD
Moderator: Dr. Georges Nawfal &
Dr. Messef Al Abdulrazzak

9:00 | Bowel USS in Paediatric IBD -
The New Kid on the Block
Dr. Christos Tzivnikos, UAE

9:20 | The Metamorphosis of Dietary
Management in Paediatric IBD
Ms. Lubna Dhalani, UAE

9:50 | From Evidence to Practice :
Utilizing Ustekinumab in
Pediatric IBD based on the
UNI trial and Real World
Experience
*Disclosure to Learners:
This scientific talk is
sponsored by Ashro Group*
Dr. Lisa Sharkey, UAE

10:10 | Management of CMPA in
Infants and Toddlers
*Disclosure to Learners:
This scientific talk is
sponsored by Novolac*
Dr. Ahmed Almalhat, UAE

10:30 | Best of Elite Peds GI in 2025...
Dr. Christos Tzivnikos, UAE



NutriMENA 2025

Pioneering Parenteral Nutrition Practices

Hall B

8:00 | Onsite Registration

Session 3
Moderator: Dr. Omar Alsoukhni

9:00 | Micronutrient Deficiencies:
Clinical Impact and Detection
Strategies
Dr. Mason Assaf, UAE

9:30 | Types of Lipids: From Energy
Source to Anti-inflammatory
Agent
Dr. Ashraf El Houfi, UAE

10:00 | Sterile Compounding in Clinical
Nutrition: Latest Evidence
Dr. Mason Assaf, UAE

SCIENTIFIC AGENDA

Day 2: Saturday, November 15, 2025



Best of Elite Ped-GI

Hall A

10:50 | Coffee Break & Poster Viewing

Session 4: Update in Common Ped GI Conditions
Moderator: Dr. Azam Riahi Fard & Dr. Shaden Almahamed

11:05 | **Constipation in Children: Practical Approach to Management**
Prof. David Rawat, London UK

11:35 | **Weaning: Infants with CMPA Disclosure to Learners:**
This scientific talk is sponsored by Nutricia
Prof. Mohamad Miqdady, UAE

Session 5
Moderator: Dr. Mohamed Rabea & Dr. Nafea Hussain

11:55 | **Implementation of MDT Cystic Fibrosis Clinic**
Dr. Eiman Aljaberi, UAE

12:25 | **Risankizumab Use in Pediatric IBD**
Dr. Ali Sarhan, UAE

12:55 | **Understanding Retentive Faecal Incontinence: A Study on 3D High-resolution Anorectal Manometry Parameters in Pediatric Functional Constipation**
Dr. Mira Al Mheiri, UAE

13:25 | **Foreign Body Ingestion in Children**
Dr. Ehsan Malik, UAE

13:55 | **Abstract Oral Presentations**

14:25 | **Announcement of Abstract Winners**

14:35 | **Closing Remarks & Lunch**



NutriMENA 2025

Pioneering Parenteral Nutrition Practices

Hall B

10:30 | Coffee Break

Session 4 : Workshop
Speaker: Dr. Omar Alsoukhni, UAE

10:45 | **TPN Automation & Compounding: Efficiency & Safety**

12:45 | Coffee Break

Session 5
Moderator: Dr. Mohammad Alqudah

13:00 | **Conditional Essential Amino Acids in Clinical Practice: Indications, Dosing & Outcomes**
Dr. Roaa Yaser, UAE

13:30 | **Fluid Management Across the Continuum of Care: From Stabilization to Optimization**
Dr. Omar Alsoukhni, UAE

14:00 | **Optimizing Care: Advances in Managing Parenteral Nutrition Complications**
Dr. Khlood Catroon, UAE

14:30 | **Closing Remarks & Lunch**



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For more information, please contact:

Mohammed Alqishawi - Event Coordinator | +971 58 535 5113 | m.alqishawi@pems.me

www.elite-pedgi.com